

Our Lady Help of Christians

Diocese of Northampton – Deanery of St. Albans

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Parish Priest: **Fr Dariusz Bialowas** Tel. 01582 723254

Deacon: **Rev Gerry McGrogan (Retired)**

Office Hours: Thursday & Friday 11.30am to 2.00pm

Pastoral Area Council Website www.lutonpastoralarea.org

Diocesan Website: northamptondiocese.org

Sisters of St Clare: 3 Abigail Close, Luton LU3 1ND

Tel: 01582 424518: www.sistersofstclare.com

Parish Safeguarding Rep (PSR) : **Kate Brooks** Tel :

07395 938462 Email : safeguardingpsr@outlook.com

SUNDAY Fr. Dariusz	9.30am	All Sisters and Friends of St Clare's living and dead
Fr. Dariusz	11.30am	Michael Callanan – Anniversary RIP Livia Centracchio – RIP Birthday Ints
Fr. Dariusz	2pm	First Holy Communion Mass
Fr. Dariusz	5.00pm	Maya Dias – Intentions Helen McNellis – RIP
MONDAY Fr. Dariusz	12.45pm	Special Intentions
TUESDAY Fr. Dariusz	12.45pm	Special Intentions
WEDNESDAY Fr. Dariusz	12.45pm	Celine James – RIP Karolina Konczak – RIP Anniversary
THURSDAY Fr. Dariusz	12.45pm	Fr Julio Melgar Cruz RIP Anna - Intentions
FRIDAY Fr. Dariusz	12.45pm	Jimmy White – RIP Anniversary Livia Centracchio – RIP

The Art of Dying Well – The website offers practical and spiritual support to those faced with the prospect of death, those caring for the dying and bereavement support. www.artofdyingwell.org

26th September 2021
26th Sunday in Ordinary Time

Confessions: Thursday and Friday 12.00pm – 12.30pm

Confirmation – 2021 – Due to covid, Confirmation Classes will now start in January 2022.

Pilgrimage to Walsingham for the Sanctity of Life - Saturday 23rd October 2021. Led by Bishop Mark Davies, Fr Jeremy Davies & Fr David Donoghue. Leave St Mary's Dunstable at 7.30am and Our Lady's Luton at 7.50am. Adults £20.00, children, teenagers and students £8.00. Bring a packed lunch. To book kevin.drew@btinternet.com or 07802 525581. See www.prolifepilgrimage.org

Training for Reader, Eucharistic Ministers and Catechists - Courses are being offered by Zoom in the autumn. Please email priest.holyghost@northamptondiocese.org

Outreach for Refugees and Asylum Seekers - Can you contribute? Men's casual clothes, especially small & medium sizes: new socks new underwear; good trainers casual shoes, t-shirts, hoodies, jeans, shorts, joggers, belts, small rucksacks & suitcases in good condition. [NO walking boots, office shoes, suits, smart shirts, ties are needed.] There's need again for good quality kitchen equipment, household items, bedding If you can help sorting/supporting all are welcome at All Saints Anglican Church, Shaftesbury Rd Thursday & Saturday 11-1pm

Mass in honour of St Francis of Assisi – 3 October 2:30pm at Holy Ghost Parish, LU4 8JD. Santa Messa per la festa di San Francesco

Cafod – Family Fast Day 1st October. The collection for this and the 2nd collection on 3rd October will be going towards the Climate Crisis Appeal.

Retrouvaille – A Lifeline for Marriage – Has covid put you under more stress as a couple? Have you separated, divorcees, are thinking about it? Weekend retreat 21 -24 Oct retrouvailleukinfo@gmail.com

Youth Ministry Conference - 9th October, NYMO will be holding their annual Youth Ministry Conference, at the NYMO Offices in Luton, between 11 - 15:30. The Conference is for youth ministers, catechists, volunteers, priests, deacons and anyone who is interested in the future of young people in the Church. Tickets are just £10 per person. For more information, see nymo.org/conference

Understanding the Heart of the Mass 4 of 5 –The Liturgy of the Eucharist. The Eucharist is "the source and summit of the Christian life. CCC1324. By the Eucharistic celebration we already unite ourselves with the heavenly liturgy and anticipate eternal life, when God will be all in all CCC 1326. Did you learn from notes below? During the week, try and share what you have learnt with your relatives and friends.

Why is a collection taken?	We offer our gifts of money that the Lord has given us back to him to support the mission of the church. Early Church people brought their own bread and wine which would become the body and blood of Christ.
As the offertory procession is taking place what can you place on the altar?	We place all our worries, fears, thanksgiving, those we love or those who have hurt us to God while the procession is taking place to be placed on the altar. What will you place on the altar?
Why does the priest wash his hand with water and what prayer does he say whilst doing this?	Father Dariusz washes his hands to prepare his soul to offer the Sacrifice of the Mass. Whilst washing his hands he silently prays 'Lord, wash away my iniquity; cleanse me from my sin'
Why do we kneel after the Holy, Holy, Holy prayer	We kneel in humble submission before the majesty of God and as sign of reverence for Christ who is truly present in the Eucharist.
What happens at the Consecration?	Through the power of the Holy Spirit, the ministry and words of the Priest, Jesus Christ becomes present through the miracle of transubstantiation. Transubstantiation means that the appearance of the bread and wine remains the same, but the substance is changed. We believe this because of the constant teachings of the Church over twenty centuries and the witness of the saints. It is as if we are kneeling before Jesus crucified. Place yourself at the foot of the Cross, what you would say to Jesus?
When is the Great Amen said?	At the end of the Eucharistic Prayer when Father Dariusz lifts up the Body and Blood of Christ and says "Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, forever and ever." Liturgically this is called the doxology of the Eucharist. A doxology is a Greek word that means "a word of praise".