

Our Lady Help of Christians

Diocese of Northampton – Deanery of St. Albans

52 Castle Street Luton Beds LU1 3AG

Tel: 01582 723254

Email address: ourladyluton@googlemail.com

Website: www.ourladyhelpofchristians.co.uk

Parish Priest: **Fr Dariusz Bialowas** Tel. 01582 723254
 Deacon: **Rev Gerry McGrogan (Retired)**
Office Hours: Thursday & Friday 11.30am to 2.00pm
Pastoral Area Council Website www.lutonpastoralarea.org
 Diocesan Website: northamptondiocese.org
Sisters of St Clare: 3 Abigail Close, Luton LU3 1ND
 Tel: 01582 424518: www.sistersofstclare.com
 Parish Safeguarding Rep (PSR) : **Kate Brooks** Tel :
 07395 938462 Email : safeguardingpsr@outlook.com

12th September 2021

24th Sunday in Ordinary Time

Confessions: Thursday and Friday 12.00pm – 12.30pm

Social Distancing – In our Church, all the pews on the Divine Mercy aisle will be reserved for those who feel vulnerable and/or still want to keep social distancing.

Confirmation – 2021 – We will be starting the Confirmation Programme in October. Candidates must be in year 8 or above, have received the Sacrament of Baptism, Holy Communion and also be practicing their faith. If you would like your child to be enrolled on the programme please email OLConfirmationLuton@gmail.com for an application form. **Closing date 26 September**

Pilgrimage to Walsingham for the Sanctity of Life - Saturday 23rd October 2021. Led by Bishop Mark Davies, Fr Jeremy Davies & Fr David Donoghue. Leave St Mary's Dunstable at 7.30am and Our Lady's Luton at 7.50am. Adults £20.00, children, teenagers and students £8.00. Bring a packed lunch. To book kevin.drew@btinternet.com or 07802 525581. Places limited, first come first served. See www.prolifepilgrimage.org

Would you like to become Catholic or interested in learning more? Are you already Catholic and would like to learn more? Our RCIA / Adult Formation classes will be starting up shortly and all who are seeking are welcome to join us. Please register your interest by 30th September 2021 as classes will be starting in October. Please email OLHC-adultformation@outlook.com with your name & phone number and Kate will be in touch with you.

Sat 25 Sept - 12:30 - 4:30pm, Westminster Cathedral - Divine Mercy Day of Prayer Invoking the Intercession of Our Lady of Walsingham. Divine Mercy for the Salvation of Souls, for the purification of the Church and Mercy for the Conversation of Nations. For more details contact antonia@walsingham.org.uk

Cafod – Family Fast Day 1st October. The collection for this and the 2nd collection on 3rd October will be going towards the Climate Crisis Appeal.

SUNDAY Fr. Dariusz	9.30am	Cara Murphy – Intentions People of the Parish
Fr. Dariusz	11.30am	Seamus Donnelly RIP Mary Hayes - Intentions
Fr. Dariusz	5.00pm	Helen McNelis - RIP
MONDAY Fr. Dariusz	12.45pm	Private Intentions
TUESDAY Fr. Dariusz	12.45pm	Private Intentions
WEDNESDAY Fr. Dariusz	12.45pm	Diane, Grace, Olivia, Hollie Donnelly Intentions John O'Boyle - Anniversary RIP Una Gepp
THURSDAY Fr. Dariusz	12.45pm	Katie Corcoran – RIP Thomas Hannigan - Intentions
FRIDAY Fr. Dariusz	12.45pm	Paul Duncan – RIP Poor Souls in Purgatory

Understanding the Heart of the Mass – Week 2 of 5 – this week 15 minutes before the 5pm Mass, we will listen to a recording from Father Mike Schmitz about the Introductory Rites. The purpose of the Introductory Rites are to 'ensure that the faithful, who come together as one, establish communion and dispose themselves properly to listen to the Word of God and to celebrate the Eucharist worthily'. (GIRM 46). Did you learn from this talk or the notes below? During the week, try and share what you have learnt with your relatives and friends.

Why do we stand at the Processional?	To show we are part of the pilgrimage with the priest. We are doing something important. If we take an active part in the Mass, it will change us.
Why does the Priest kiss and reverence the altar (2 reasons)?	1 The altar is the Symbol of Christ 2 In the early Church when Christians had to celebrate Mass in secret, they often celebrated the Mass in the Catacombs. The first altars were coffins of martyrs who had given their lives to Christ. In every Catholic altar there is almost always embedded a relic of a Saint. As the priest reverences the altar, he is honouring the life of the saint and indicating to us and reminding himself that every Angel God has ever made and every Saint that has ever lived is present when we worship Christ at the Altar.
The sign of the Cross has three meanings, what are they?	1 God is a Trinity (in the name of the Father, and the Son and the Holy Spirit) 2 You are claiming your price tag. You are worth Jesus' very life and his death. Jesus loves you and he gave up his life for you. 3 We are here for a reason – God made me to know Him, to love Him and serve Him in this in this life so as to live with Him in the next.
What is the greeting and how many times is it said during the Mass?	The greeting is when the Priest says 'The Lord be with you'. And we respond "and with your Spirit". Whenever a prophet, angel or God himself was calling someone to do something dangerous, something greater than they had the strength to do on their own, they would say 'The Lord be with you'. It is said 4 times during the Mass. We need the Lord to be with us as each time it is said, it takes us deeper into different parts of the Mass.
What is the purpose of the Kyrie? (Lord have Mercy, Christ have Mercy, Lord have Mercy)	During the Kyrie we stand next to each other and in front of the Lord. It is a time to 'drop our masks', knowing that we can come before God as ourselves in our brokenness. We must be willing to humble ourselves and God will always show His mercy
What is the purpose of the Gloria?	We first acknowledged our sins, we experienced the Word of God's mercy in the Kyrie and now we give God Glory. We are joining with the Angels and Saints (including our Confirmation Saint) in Heaven to give God the Glory He deserves ☺